

Would You Like To Be Accredited In Jenny Mosley's Quality Circle Time Model?

QUALITY CIRCLE TIME AND S.E.A.L

“Circle time is likely to be most effective when embedded within a whole-school approach, such as the Whole School Quality Circle Time model developed by Jenny Mosley. This describes a democratic and practical school management system which addresses social, emotional and behavioural issues through a systematic model. It’s features reflect closely the philosophy, guidance and practice embodied in the SEAL curriculum resources.”

Page 54 National Primary Strategy, Guidance, Curriculum and Standards, Ref: DCSF 1378-2005 G.
www.standards.dfes.gov.uk/primary/publications/banda/seal/ - June 2004

Jenny wrote the ‘Circle Time’ guidance for the DCSF Primary and Secondary National Strategy’s Social and Emotional Aspects of Learning ‘SEAL’ toolkits, and for the Early Years SEAD Strategy.

FORTHCOMING

TRAIN THE TRAINERS COURSES

(Bradford on Avon - Wiltshire)

Monday 29th November - Friday 3rd December 2010

(Delegates to arrive the day before course commences)

(Early Years Primary & Secondary)

Monday 28th November - Friday 2nd December 2011

(Delegates to arrive the day before course commences)

(Early Years Primary & Secondary)

SUSTAIN THE QUALITY OF YOUR WORK THROUGH REACCREDITATION

FORTHCOMING REACCREDITATION COURSES

Friday 15th & Saturday 16th October 2010 -

(Delegates to arrive the day before course commences)

(Early Years, Primary & Secondary)

Thursday 13th & Friday 14th October 2011 -

(Delegates to arrive the day before course commences)

(Early Years, Primary & Secondary)

"... The Whole School Quality Circle Time Model Can improve and maintain high standards of behaviour and discipline." - DfES Guidance School Inclusion: Pupil Support July 1999.

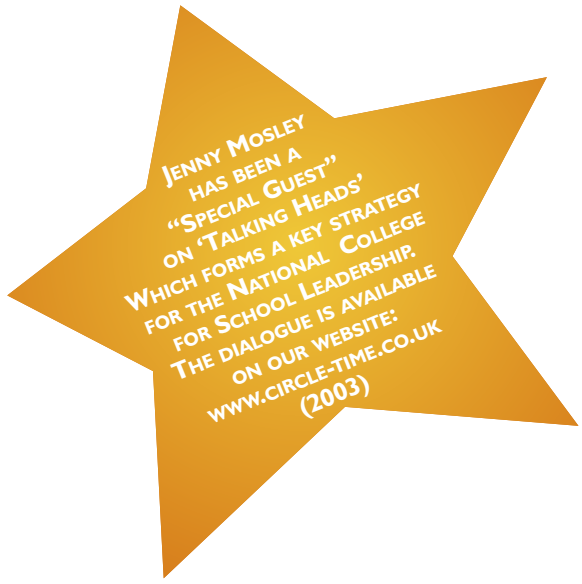
Who is this course for?

This course is intended to teach delegates to train other educators in The Quality Circle Time Model within their own authorities. Staff who undertake the course will be accredited for this purpose and will be able to support in-service training organised by their Local Authority or by area groups or individual schools within their own LA (but not to any other LA without prior agreement from the consultancy). Additionally, it will not enable or entitle individuals, after attending this course, to work as independent freelance consultants, they would need to apply to the Jenny Mosley Consultancy through the usual channel.

The evidence emerging from national research and independent evaluations of this unique approach shows that it can make a strong contribution to the personal and social development of children and the warm and positive ethos of our educational community.

Why is this course relevant?

The model meets the needs of the new PSHE and SEAL curriculum and the guidance for organisations to develop Emotional Literacy programmes. The QCT model will help your organisation implement the new PSHCE and SEBS curriculum and to develop an Emotional Literacy programme. It focuses on strengthening the emotional health and well-being of adults; supporting your work towards the healthy schools standard; enhancing anti-bullying policies; creating more positive lunchtimes; developing creativity and the arts. Many individuals & LA's will testify to the long term values and benefits of this course. Ask our office for further details.



Jenny will also demonstrate Quality Circle Time with children from all key stages throughout the week.

DAY 1 Quality Circle Time And Its Implications

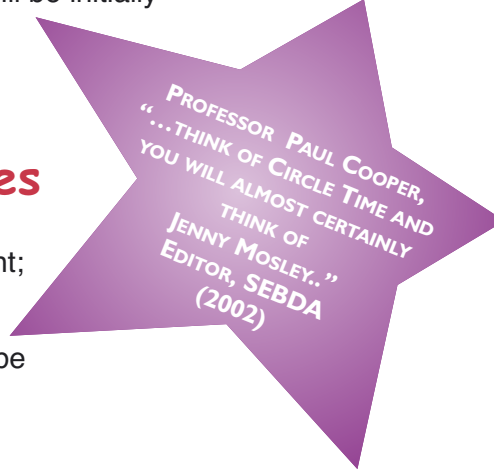
The course will begin by exploring the concept of self-esteem, its theoretical and practical relevance to organisations and its significance to team building and staff morale. Individuals will examine their role in the light of the concepts of personal and collective responsibility and will explore developments made by organisations committed to enhancing whole team self-esteem. The setting up of three proactive listening systems will be highlighted: 'group listening, one-to-one listening and non-verbal listening systems'. Every individual needs to be heard. If you are not heard, the only way that you can express yourself is through unhappy behaviour. Set up listening systems and people can let go of their usual behaviour patterns by finding a system that supports them best.

DAY 2 Quality Circle Time ~ Theory and Practice

On day two, the theory of 'circle time' and its application to the needs of adults and children will be highlighted. The role of circle time in developing self-discipline, self-esteem and inner locus of control will be explored, as will its potential to combat bullying and promote positive relationships. The Quality Circle Time Model for positive self-esteem and behaviour will be initially outlined with attention given to values, rules, incentives and sanctions. During this day the practical application of the theory will be put into place when Jenny takes the group to a local school or nursery to demonstrate the model with a full class of young people.

DAY 3 Creating Happy Playtimes and Lunchtimes

We are the leaders in this field. It will examine the issues surrounding these play breaks and will cover topics of: bullying and social adjustment; playground relationships, integrating lunchtime supervisors; supporting troubled pupils at lunchtimes; utilising the growing maturity of older children to help reintegration of younger pupils. Again, these areas will be highlighted through a demonstration of circle time in a local school and how to support successful transition, will be a key topic.



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Children "Beyond"

The question of children who are 'beyond' the model's more usual motivational strategies and boundaries will be examined and discussed together with a range of further management and therapeutic models. These include: small family support groups; developing the case conference model; working with parents and home school contact; and the T.A.T.T. approach, how to work with children at risk, or who are in need of extra programmes of social skills. Circles of Support which will be a core part of this day.

Bringing The Whole Into The Circle

The final day will deal with issues arising from the previous days and particular individual concerns. This day will also deal with maintaining personal energy and creativity and the practical challenges related to training others in the Quality Circle Time Model. How to keep balance in your own personal and professional life, and how the model fits into the current drive towards emotional literacy, positive behaviour, anti-bullying, citizenship and enhancing self-esteem.



What else will you learn during the week?

Jenny Mosley has added a strand of creative arts consultants and complementary therapists to support her model and they are used throughout the Train the Trainers courses. These workshops mirror the Five Wells which are an integral part of the model and encompass the **Spiritual, Cognitive, Emotional, Physical and Creative** needs of the individual, giving the energy, perspective and balance that is essential to living life positively.

The sessions may include several of the following:

"Lifting Your Spirits" - a collaborative session that enables even the non-musical to discover the power of music and song to inspire and uplift our spirits,

"Splish, Splash, Splosh" - this is not just about painting, it offers a wide range of creative media. You will have the opportunity to experiment and explore your own imagination and talent!

"The Art of Storytelling - bringing stories alive" - experience the power of storytelling and gain insight into how this gentle activity can contribute to linguistic, emotional, physical and cognitive development.

"The Power of Puppets" - across the country, teachers are taking the puppets out of cupboards and involving children in one of the most empathetic and engaging educational activities.

"Breathing Through the Circle" - yoga has been used for thousands of years and the benefits are widely known. This introductory workshop will give insight into how breathing techniques help you enjoy the mood, moment and after-feeling.

"MASSAGE" - treat yourself to a 'golden moment' and relax both body and mind with a back or Indian head massage.

These workshops will give you heaps of ideas to take back to your workplace as well as putting across serious concepts in a light-hearted and fun way!

What Previous Delegates Say About The Train The Trainers Week

"The approach to the course was very realistic – there was a lot of laughter! The training modelled the culture which circle time is designed to promote – it was caring, respectful and energetic as well as being fun!"

Amy Church, Behaviour Support, Ealing LEA.

"Thank you for an inspirational week. It was wonderful to look at all elements of the model with time to reflect and discuss. The demonstrations with children were excellent and to have the time and opportunity to network with other colleagues was an added bonus."

Maureen Woodhouse MBE, Head of Early Years, Cornwall EYDCP



Photo: Jenny demonstrating puppets

SUPPORTING BEHAVIOUR MANAGEMENT; THE WHOLE SCHOOL QUALITY CIRCLE TIME MODEL ... CAN HELP IMPROVE AND MAINTAIN HIGH STANDARDS OF BEHAVIOUR AND DISCIPLINE." (DFES-SCHOOL INCLUSION: PPL SUPPORT JULY 1999 - CIRCUL No 10/99)

Extracts From Delegates' Evaluations

HEADTEACHERS, EDUCATIONAL PSYCHOLOGISTS, BEHAVIOUR SUPPORT TEACHERS, PSHE ADVISORS, LEARNING SUPPORT ASSISTANTS AND MANY OTHERS; EVALUATIONS AVAILABLE ON REQUEST.

"To be trained as a trainer in QCT is, in my book, an honour. The course takes the trainee many steps beyond commonly held ideas and experience. It is empowering and inspirational in building on knowledge and expertise, but more importantly personally affirming in meeting individual needs along the way." - Jane Mansfield, Early Years Regional Advisor, Dorset.

"The workshop sessions are a tour de force - they are stimulating, innovative and inspiring, focusing and practical. The delegates' horizons were raised with valuable information and insights for a pedagogic journey. We want more!" - Kerry Paige, Organiser, TES Exhibitions.

"All brilliant - the balance of teaching was interactive and practical. The demonstrations in school were immensely valuable - seeing the process modelled was better than reading a library of books! I felt inspired - the ideas and practice give validation." - Caroline Saunders, Head of Service, Behaviour Support Services, Slough LEA.

"Jenny's style is infectious and it makes you want to go out and promote the model. The week was packed full of ideas. The opportunity to work and network with other professionals really enhanced my own experience - I left the course feeling refreshed. Thank you." - Martyn Robinson-Slater, Behaviour Support Manager, Westgate School, Berks.

THE MAPLEDSEN NOAKES COMPREHENSIVE SCHOOL WAS AWARDED BY THE DFES THE ACCLAIM OF BEING THE SECOND MOST IMPROVED SCHOOL IN THE COUNTRY. THE HEADTEACHER RELEASED THE FOLLOWING QUOTE; "THE MAPLEDSEN NOAKES SCHOOL IDENTIFIED THE JENNY MOSLEY CONSULTANCIES WHOLE SCHOOL MODEL TO PLAY AN EXCITING ROLE IN DELIVERING THE VISION OF WHOLE SCHOOL POLICY FOR SELF ESTEEM." (2000)

Explore The Possibility Of Hosting, In Your LA Or Workplace, An Accredited In-house Train The Trainers Course

"The Quality Circle Time Train the Trainers Course
is an emotional, remarkable and memorable journey."

Grace Scott - Quality Improvement Officer,
East Ayrshire Council

Running this accredited course in your own LA

Jenny Mosley has run this course for over 14 years now and developed it so that it can be implemented for early years, primary and secondary delegates. These courses are for delegates to share the significant power that this approach has in improving behaviour, relationships, attendance, self-esteem and the whole community ethos.

During the past five years we have had many requests for Jenny and her team to run these courses in-house, for a variety of authorities and LAs throughout the UK and now for educators in schools in various parts of the world.

There are many benefits when an authority hosts this course itself. Most find it enables a high number of their own personnel to be trained at the same time; hence they all start at the same stage and are then able to take what they have learned to a larger number of pupils and staff. Delegates do not have to disrupt their own arrangements to travel to a course that is some distance from home.

The in-house course has been most successful when implemented in two sessions. The first session lasts three days, followed by a period of time during which participants put what they have learned into practice. When they return for the second two days of the course they are able to discuss the 'pitfalls and potentials' of the training. The courses are led by experienced senior partners of the Jenny Mosley Consultancies. Some authorities book an additional day led by Jenny herself.

A selection of evaluations from these courses can be seen on the previous page or visit our website www.circle-time.co.uk and click "Become an accredited Quality Circle Time trainer".

Should you or your authority be interested in hosting such a course then please do not hesitate to contact:

Lisa Pooley - Train the Trainers Course Administrator:
Tel: (01225) 767157 Fax: (01225) 755631
28a Gloucester Road, Trowbridge, Wilts. BA14 0AA
Email: lisap@jennymosley.co.uk

What It Means To Be Accredited In Jenny Mosley's Quality Circle Time Model

The success of the model depends on quality, which is constantly being improved through practice in thousands of schools. We want to ensure that everyone training others to use the model is fully up-to-date, comprehensively evaluated and continues to develop their experience with the model. Evidence of good practice will need to be submitted at some stage.

To be an accredited trainer, therefore, means that an individual:

1. Has completed the initial training and received a Certificate of Accreditation from the Jenny Mosley Consultancies.
2. Regularly uses the model with children and adults and, as a trainer, keeps records of training evaluations.
3. Is a member of the Jenny Mosley Consultancies Network of Associates (free of charge).
4. Takes part in follow-up reaccreditation programmes to celebrate, share and enhance good practice.

THIS ACCREDITATION IS ANNUALLY RENEWABLE.

We expect trainers to take part in a refresher programme at least once a year. In special circumstances we would consider a two yearly re-accreditation.

To register for this or any other course, please apply to Lisa Pooley at the address below.

**Jenny Mosley Consultancies, 28a Gloucester Road
Trowbridge, Wiltshire BA14 0AA**

Tel: (01225) 767157 Fax: (01225) 755631

E-mail: lisap@jennymosley.co.uk

Website: www.circle-time.co.uk

**DELEGATES INCLUDE TEACHERS, BEHAVIOUR AND LEARNING
SUPPORT SERVICES, EDUCATIONAL PSYCHOLOGISTS, HEADTEACHERS,
PSHE AND SEAL ADVISORS. (and many others!)**

The cost for the Accreditation course is

£2,350 + VAT (2010) £2,350 + VAT (2011)

(inclusive of full board accommodation, all workshop expenses & free resources)

Non-residential cost will be £2,050 + VAT (2010) £2,050 + VAT (2011)

The cost for the two-day re-accreditation course will be:

£700 + VAT (fully residential) (2010)

£700 + VAT (fully residential) (2011)

(fees not increased for 3 years)