

Quality Circle Time Network Newsletter

Jenny Mosley Consultancies ©

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IN THIS ISSUE

- Hello from Jenny Mosley
- Quality Circle Time in New Zealand
- Hampshire schools, through SEAL and Quality Circle Time, head for new heights
- Is it all in the mind?
- All Round Success update
- Website Update
- Fancy Becoming a Drama Queen?
- Headteachers say that young children learn best through play
- Train the Trainers

Quality Circle Time in New Zealand

Jenny Mosley spent a month last summer on a second tour in New Zealand working with Spectrum Education promoting the QCT model, convincing teachers that 'only happy and calm children learn'.

"I think there are many homes that are too busy ... we talk a lot about a balance between work life and family life. To teach values takes time," said Jenny. The work was designed to reinforce and encourage practitioners in Jenny's model following training the previous year and also to provide a first chance to receive QCT training for others. *From an article in the Southland Times 2.8.07 – find out more from our website www.circle-time.co.uk.*

The Department of Education in New Zealand has identified Jenny Mosley's Quality Circle Time as a model that can help schools promote positive behaviour. It will become part of a new behaviour toolkit going out to all schools.



"Hello" From Jenny Mosley

*Hello Everyone,
we are pleased to introduce our new, sparkly quarterly newsletter. It's early days yet - and we'd love to shape up the format according to your needs. For example you might like less news - but more games...or less games...more questions and answers? We are only creating this newsletter for you. We have never received sponsorship or any funding...so please tell us your wishes - and they could come true!*

For those of you who have met me - you will know that I thrive on Golden Moments - and spreading them. My favourite true story is of the inspiring head teacher who encourages her staff to take golden moments at lunchtime. She models this by going to her office, locks the door, pulls the blinds, lights incense and lies on her floor to stretch, stretch, stretch...and relax. One particular lunchtime she heard the muttering of a young lad outside her door... "Well, this time she is going to be thrilled...she always says I ruin her day...but today I can't wait to show her my 'I've been calm sticker.'" Gingerly he opened the door...sadly it was the one day she had forgotten to lock it and all she heard was... "Oh bugger, she's dead!" ...followed by the fading echoes of stamping feet down the corridor.

Let's face it, a good sense of humour will help us all in 2008. Good luck!

With warm wishes

Jenny Mosley

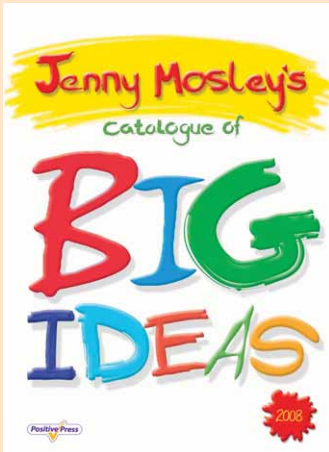
Hampshire schools, through SEAL and Quality Circle Time, head for new heights

On Friday 28th September 2007 Jenny Mosley was guest speaker and workshop leader in a large conference room buzzing with warmth and enthusiasm of 350 delegates. The conference was a huge celebration of SEAL (Social and Emotional Aspects of Learning). Hampshire pilot schools celebrated the successful introduction and implementation of SEAL into their classrooms and playgrounds. At first, Southampton football stadium ▶

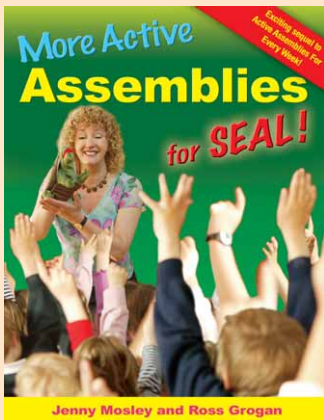


"Blessed are the cracked
for they let in the light"

Positive Press Resources



Look out for the new catalogue coming out this Spring. Do telephone the office if you would like a copy, although they are being mailed directly to primary schools.



More Active Assemblies for SEAL

(by Jenny Mosley and Ross Grogan) – available from April 2008
The Assemblies book was so popular that we were asked to write a sequel. It is packed with as many, and more, moving and engaging ideas.

"Children are the living
messages we send to a
future we will not see."
Neil Postman

seemed an unlikely venue but as the day progressed, the energy, team-work and high level of participation by all made the venue seem more and more appropriate!

Jenny's sessions took a fresh look at SEAL and highlighted the need for everyone to become more involved and the importance of raising the self-esteem of all adults in school. Jenny refreshed ideas of how crucial the boundary and moral values systems within school are, explaining how Golden Rules incentives, sanctions and lunchtime policies all help to uphold these systems.

Erin MacNamara, a Jenny Mosley arts consultant, treated everyone to a heart-warming and inspirational spiritual rap

session of her insights and hopes for SEAL. The conference market place was packed with the stalls of participant schools and projects, brimming with information and smiling faces. Schools all shared the outcomes of their SEAL Phase Two projects.

Congratulations to One of our "Golden Schools", Bransgore Primary School, who was highlighted on the Meridian television news round up.

It was clear how much had already been achieved but there is still much work to be done. We wait with baited breath for the next report back from the schools at the 'coalface' of SEAL.

Is it all in the mind?

It's always good to take stock of our practice - what's all that formative assessment for if we don't? So we were 'almost pleased' to read a Guardian article (27.2.2007) entitled "All in the mind". The article challenges the efficacy of emotional literacy and self-esteem programmes and stresses a lack of evidence supporting such schemes. Whilst we realise areas in this field have not yet undergone rigorous scientific testing, this fact in itself does not mean people are not benefiting from initiatives. We read reports, articles, case studies and letters of thanks from schools who see a difference in pupils, an increase in positive behaviour and in general moral values and a reduction in the stress of staff. Then the proof is surely in the pudding! However, we would love funding to support proper research in our area of work - if you have any ideas do get in touch!

We are building a research and report collection on the website (www.circle-time.co.uk and go to the 'Research and Reports' section). We cannot display in full all research we have, but we are trying to

at least list it all. If you know of research for this collection, do please get in touch.

We also know that poor circle time can lead to anguish amongst pupils. When teachers have not been trained in the model and do not follow a five-step model it is so easy to create problems. Sadly children can be really troubled by this. We hear from parents who want to know why emotionally safe systems were not in place. This is why we have ground rules, developed over many years, with very safe and secure ways of handling circle times and managing trickier moments. For a summary of the ground rules and recommendations for successful circle times, go to www.circle-time.co.uk/site/things_to_try/62

There is no substitute for first class training and the use of appropriate resources.

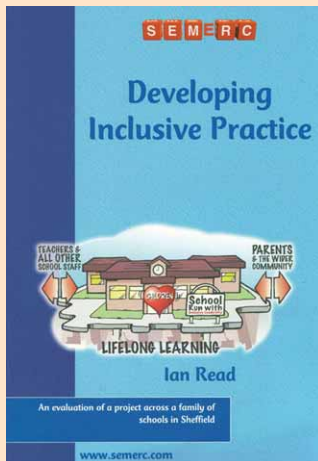
To find out more for you, your school or cluster, telephone 01225 767157, email circletime@jennymosley.co.uk or see the training and resources sections of our website (www.circle-time.co.uk)

For successful circle times, teachers and children need to agree:

- We listen well to everyone – we don't interrupt.
- We respect all contributions – we never name anyone negatively.
- We signal if we wish to speak.
- We follow the Golden Rules at all times – and practice them in Circle Time.
- We take personal issues quietly to the teacher during 'Bubble Times'.

Practice random acts
of kindness and
senseless acts of beauty”
Leeds postcard

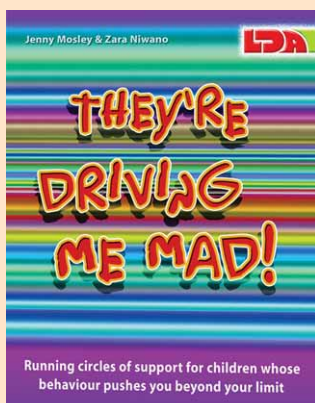
Positive Press Resources



Developing Inclusive Practice Book + DVD

By Ian Read

A fabulous written record of the implementation of Jenny Mosley's playground initiatives in five schools. Accompanying the book is a superb, exceptionally well-filmed DVD by Mash productions, presented by children in BBC 'News' style. The initiatives can be adapted for any school. **£19.95**



They're Driving Me Mad

(by Jenny Mosley & Zara Niwano)
This book looks at those who work with pupils who are 'beyond' the existing classroom behavioural systems and who find the social and emotional aspects of learning to be a real challenge.

All Round Success update

(Registered Charity Number 1064740)

All Round Success is the independent charity that we all support. It exists to support the self esteem of young people. We love both the simplicity and the vast emotional landscape of that sentence! Jenny Mosley Consultancies is a freelance company; to give us complete freedom of direction we exist without funding or sponsorship – therefore we can innovate and grow at our own pace. However, our hearts beat faster when we have the privilege of being able to contribute in any way to our 'Round' charity. We will try and keep you up to date with how we have been able to contribute. Jenny Mosley and her back-up admin team have ensured that she gets out to India at least once every two years. She has now been out eight times. In the next newsletter we will tell you about an organisation we work with called 'The Teacher Foundation'. For now, we will just let you have a fascinating glimpse of a fascinating pyramid classroom project that we are currently contributing towards.



One of the objectives of the PaRanga Charitable Trust in India is to provide a quality education for rural children. With the help of donations, pyramid classrooms, which are the first of its sort in the country, have been built for the education of children in rural areas. Mr Rama Murthy, former Deputy Director of N.A.L. is at present managing Trustee of the Charitable Trust. To learn more for yourselves, please visit the international section of our website (www.circle-time.co.uk).

Website Update

Did you know in November we had over 4,600 unique visitors to the website and over 3,100 in December? Do use the site to look up information, training, resources or research. If you have queries there is a 'questions and answers' section and a discussion forum where you can share words of wisdom! Next month, you can be one of our unique website visitors!



Fancy Becoming a Drama Queen?

Ever wanted to create a little more positive drama in the classroom? We have the perfect course! This workshop, presented by Valerie or Helen, Jenny Mosley Associate Partners, concentrates on developing themes and ideas to introduce drama within an early years or primary setting. During training, practitioners are taken on a journey to help them encourage their children's

imaginations to develop within safe but stimulating drama activities. Children can be encouraged to explore their creativity in a fun and expressive way.

Course Aims: To help delegates feel sufficiently inspired and enthusiastic to want to bring drama to their setting using a variety of media and themes.

“The past is history, the future a mystery, but now, now is a gift and that is why we call it the present”.

Inspiring New Releases



Nature Visualisation CDs

Help children to become more imaginative with this renowned 'Sounds of Nature' series (Oreade Music). We have specially selected the themes of "Mountain Stream", "Morning Birds", "The Sea" and "Into Africa". They are the pure sound of nature with no music or voices. We've written FREE visualisations for each – perfect for calming visualisations. £12.75 each



Putumayo CDs

These joyful and upbeat CDs are for adults and children who want to be happy! Perfect for uplifting the spirits on any occasion. See our catalogue and website (www.circle-time.co.uk) for more details and a list of CDs available.

Jenny Mosley Consultancies and Positive Press (leaders in proven quality training)

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Headteachers say that young children learn best through play.

An article in the Observer on 7th October 2007 reports on the findings of the National Primary Headteachers' Association.



They suggest that children aged five are too young to start their formal schooling. They call for a playful approach to learning including the 'fun' methods used in nurseries and reception classes and for this to be extended until children are at least six, whilst balancing this with a transition to more formal learning.

It is easy to introduce more fun into classrooms and playgrounds through drama, circle time, puppetry, storytelling, joyful arts and singing to name but a few. To learn more about the courses and training available at Jenny Mosley Consultancies, please telephone 01225 767157, email circletime@jennymosley.co.uk or see the training section on the website. The

following courses are available to help teachers bring more fun, creativity and vibrancy into the classroom to run hand in hand with more formal learning during those first few valuable years.

- Quality Circle Time in an early years setting
- Advanced Quality Circle Time
- Zoom, Boom and Bounce
- Self-Esteem for Early Years
- More than Splish, Splash, Splosh
- Lifting the Spirits – the Joy of Song
- The Power of Puppets
- The Art of Storytelling
- Drama through Quality Circle Time
- Sound, Move and Make

Can't see the course you need? Please phone 01225 767157 to see if we can help.



Train the Trainers

This year has seen another series of Train the Trainers courses run at Leigh Park Hotel, Bradford on Avon. The Re-accreditation course was run to inspire and invigorate previously trained trainers. The course focused on traditional games and also in reflective and learner-centred experiences with the Quality Circle Time model. This is what some of the delegates had to say:

"Good to have more games and remember old ones!" "Fun, Fun, Fun – So important for all!" "Your creative workshops are brilliant!"
The five day Train the Trainers course

featured a series of workshops, talks, demonstrations and interactive experiential learning.

For more information on becoming a trained trainer, re-accreditation courses or in running a Train the Trainers course for your local authority, please telephone 01225 767157 or email circletime@jennymosley.co.uk

"... I've just come back from a week on Jenny's Train the Trainers course, and am feeling inspired, educated, uplifted, enthused, and much clearer about what I am doing...."

Forthcoming Train the Trainers Dates

Train the Trainers Re-accreditation	Five day Train the Trainers Course	Train the Trainers Re-accreditation	Five day Train the Trainers Course
17 - 18 October 2008	10 - 14 November 2008	16 - 17 October 2009	16 - 20 November 2009

FREE CIRCLE TIME BOOK available on our website! Download the red circle time book with session plans for key stages one and two for free from the circle time website, from the following link: http://qualitycircletime.co.uk/site/things_to_try/76