

Jenny Mosley's

Small Book of

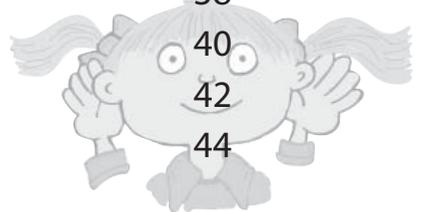


Listening Skills

Contents:-

Listening Skills Games

Title:	Page
Guess that sound	6
Remote control	8
Vegetable stew	10
Left, right	12
Nutty nursery rhymes	14
Listen and tell us where it is	16
Who am I?	18
Rhythmic cool	20
The Letter 'D'	22
Chain reaction	24
Imagine a beautiful garden	26
Blow your worries away	28
Flying	30
Drawing to music	32
Who stole the cookies from the cookie jar?	34
North, south, east and west	36
Clap with me	38
Simon says	40
At the bottom of the sea	42
Mirror my movements	44



Left, right



What you need: space

Preparation: you will need to think of a simple story that involves a character turning left and right

What to do:

Ask the children to stand well apart before the game begins to minimise the likelihood of their blocking one another's routes.

Explain that while you walk around the room with the children, you are going to tell them a story.

Like this:

*One day, the little brown bear decided to go and visit his granny. He walked out of his house and turned **left** up the lane. Then he turned **right** onto the main road. After he'd walked along the main road for a little while, he turned **left** into Waverly Street and walked along until he got to Brown Lane and then he turned **right** and so on.*

And when he got to Grandma's house, they both sat down and had jam sandwiches for tea.

Then you can allow the children a little time to act out the tea party.

If your children are older, you can ask them to do it one at a time so you can see how well they listen, and clap them if they are able to make it all the way to the end of the route.

(It would be great if you could make sandwiches for everyone to share at the end of their journey!)

Now try this ...

Sit down together and teach the children this action rhyme about little bear going to Grandma's with daddy in the car one rainy day.

The windscreen wipers are busy in the rain.

(hold out arms in front of you with palms facing out and fingers held straight)

*They swish and swish
Left, right, left, right,
Until the sun comes out again.
(put hands in laps)*

Point out how much fun we can have when everyone pays attention and listens with their 'ears wide open'!



Imagine a beautiful garden



What you need: this visualisation script. Put a 'Do not disturb' sign on your door.

Preparation: none

What to do:

Ask the children to sit comfortably with their hands in their laps.

Read the following script in a calm voice, pausing often.

Tell them that they need to listen carefully and try to make pictures in their minds.

Sit with both feet on the floor. Make sure you are comfortable and warm and will not be disturbed.

Take a long slow breath and let it out very gently, like this. Your breathing is slow and calm. Your mind is calm. Calm and slow. Calm and relaxed.

You are walking in a beautiful garden. Can you see all the flowers? What colours are they? Can you smell them?

Look up into the sky. Can you see little white clouds or is the sky very blue? You feel very calm and happy.

It is a very big garden. How far away can you see?

Can you see trees in the distance?

The sun is shining. You are quite safe here.

Now it is time to come back to the classroom. Take your time.

Breathe deeply.

Begin to notice the sounds around you.

Wiggle your fingers and now your toes.

Now listen very carefully and see what you can hear when you listen very quietly.

Can you hear some noises outside this room?

Now I am going to count – 1, 2, 3.

Now you can open your eyes and sit very quietly for a moment or two.

When you are ready, you can open your eyes

Now try this ...

Make up your own visualisations with the children and write them down.

