

# A WHOLE SCHOOL APPROACH TO WELLBEING AND MENTAL HEALTH Tuesday 11<sup>th</sup> August 2020 from 9am – 3pm POWERFULLY POSITIVE LUNCHTIMES AND PLAYTIMES - MORNING WORKSHOP Wednesday 12<sup>th</sup> August 2020 from 9am – 11.30am

# St Brigid's Primary School, 4 Glenmore Avenue, Toryglen, Glasgow, G42 0EH

Conference Trainer - Jenny Mosley



Jenny Mosley is an international trainer, author and founder of the Quality Circle Time Golden Model. Her work has had a positive impact in many schools in Scotland. The report of the Scottish Executive Discipline Task Group 'Better Behaviour – Better Learning' stated: "....Quality Circle Time, increasingly being used at all levels, reflects mutual respect and a capacity for children to be given opportunities to talk, share concerns and participate in decision making".



**Closing the Attainment Gap**. All of Jenny's training is designed to promote: Boosting social and emotional competencies; Improving Early Years education; Promoting positive behaviour and respectful relationships; Encouraging schools to set up small group intervention after timetabling mainstream listening for all children.

"The Senior Leadership Team were so re-energised after attending Jenny's initial wellbeing training that we sent all our support staff. They, in turn, came back bristling with the enthusiasm and positivity to deliver and lead change in our school's approach to breaks and lunchtime play. The most positively powerful training we've given them." Stewart Crabb, Headteacher Ferryhill Primary School, Edinburgh

#### A Whole School Approach to Wellbeing and Mental Health

## Tuesday 11th August 2020 from 9.00am - 3.00pm

This day looks at how teachers can promote Positive Learning Communities in classrooms, encouraging children to take responsibility for their behaviour and relationships. A day packed with easily implemented, tried and tested ideas. Jenny will highlight the qualities and skills teachers and children need to develop social, emotional and spiritual intelligence. Jenny is passionate about setting up listening systems as a powerful forum for change.

## Powerfully Positive Lunchtimes and Playtimes - workshop

#### Wednesday 12<sup>th</sup> August 2020 from 9.00am – 11.30am

Jenny is the leading pioneer of positive playtimes and the originator of zoning, playground friends and friendship stops — she will give many ideas to re-energise your playtimes. Jenny will highlight the importance of positive relationships and how these can motivate children to play well together and relate well to teachers and PSAs. Delegates testify to the huge impact Jenny's ideas have to revolutionise lunchtime systems and playground ethos.

For a school to get the best value from the day Jenny encourages senior Managers to attend so a true whole school dining hall and lunchtimes policy can be put in place.

Who are these courses for: Teachers, PSAs, Headteachers. Everyone!

**Cost:** Day 1 £125 per day. Group bookings (4 and over) £95 per head per day (all plus VAT). Lunch and refreshments included. Day 2 £65 per day plus VAT.

Venue: St Brigid's Primary School, 4 Glenmore Avenue, Toryglen, Glasgow, G42 0EH

**To book a place:** Please complete attached application form and fax back to 01225 755631 or email to joannap@jennymosley.co.uk. or post to Jenny Mosley Consultancies, 28A Gloucester Road, Trowbridge, Wilts BA14 0AA. <a href="https://www.circle-time.co.uk">www.circle-time.co.uk</a>. If you have any queries please contact Joanna on 01225 767157.