

The Whole School Quality Circle Time Model

A whole school approach to developing a culture of positive relationships and inclusive values

This course is aimed at school leaders and practitioners and will enable a school to implement all the key aspects of this model into practice. Ian has fully implemented Jenny's model in 2 schools and for the past 18 years at Watercliffe Meadow. Watercliffe embraced the Healthy Minds Programme and Mental Health Support Teams, it has gained the Nurturing Schools and Trauma Informed Schools Award. Jenny's Golden Model is what has tied all this work together and gives the structure to enable a strong culture of relational practice based on truly inclusive values.

Day 1 Golden Rules, Golden Time, Incentives and Consequences (Friday 28th November)

- How the 'Golden Rules' become the basis for all relationships and are imbedded in daily school life*.
- Understanding the importance of the 'always child' within this model.
- Motivating children to love the Golden Rules through reinforcing them and Community Golden Time.
- How Golden Time works as an incentive and consequence system.
- How to reach children working 'beyond' the Golden Time system.

**Schools can choose to use their own 'values' in the same way Watercliffe uses the Golden Rules as its values.*

Day 2 Self-esteem and Morale of all Adults (Tuesday 27th January)

- Taking responsibility for your own positivity and keeping perspective despite the ups and downs of life.
- Developing a language to have difficult conversations.
- Writing a personal care plan and understanding your 'why'.
- Running staff circle times.
- Setting up a staff well-being committee.
- How to ensure that fun and laughter are part of every day.

Day 3 Quality Circle Time and other Listening Systems (Thursday 5th March)

- An in-depth guide on how to keep QCT a safe, vibrant listening system.
- Understanding the '5 key skills', and their importance for learning in all aspects of school.
- Access to the resources needed that will give staff confidence to run QCTs.
- Opportunity to observe a full KS1 and KS2 Quality Circle Time and staff circle time.
- Participation in a circle time run by children and following Jenny's 5 step model.
- An understanding of 'family circles' and 'circles of support', which can be used to enhance the dynamics of QCT and support 'children beyond'.
- The potential for QCTs to be used with parents and grandparents.
- How to support QCT with 1:1 and non-verbal listening systems.

Day 4 Lunchtimes and play throughout the day (Wednesday 22nd April)

- How to create vibrant play opportunities for all children throughout the school day.
- How to make playtimes and lunchtimes a vital part of the school curriculum.
- How to motivate and support lunchtime supervisors and children to lead play.
- Running parent workshops and engagement with older people's homes.
- Rediscovering the playful, light-hearted side of ourselves.
- Supporting 'pupils beyond' at lunchtimes and social times.

Day 5 Celebration Day and Next Steps (Wednesday 1st July)

- An opportunity to present and share successes with any elements of the Golden Model.
- A circle time to reflect on the successes and pitfalls of the journey.
- Using the 'Golden Audit' to highlight where your school is in relation to Jenny's Golden Model.
- Identifying the next steps for your school.
- A celebration lunch/afternoon tea.

**As part of this training offer, Ian will offer to visit your school in order to help you plan your implementation of the model, offer advice, support and opportunities for any further training that would be helpful. Jenny is also committed to building a strong network in Sheffield and is available for additional INSET or training with your school (at a 'Sheffield schools only' cost).*

COST £1400 per school *(including 1 school leader and 1 practitioner place - additional places £700)*